

## Waltz Box

			Man's		Lady's	
Phase	Time	R&F	Foot Details		Foot Details	
1st Half	1	Prep	L	Forward	R	Back
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together
2nd Half	1	Prep	R	Back	L	Forward
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together

## Waltz Box Rotating Left

			Man's		Lady's	
Phase	Time	R&F	Foot Details		Foot Details	
1st Half	1	Prep	L	Forward (pivot left ~1/8 turn)	R	Back (pivot left ~1/8 turn)
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together
2nd Half	1	Prep	R	Back (pivot left ~1/8 turn)	L	Forward (pivot left ~1/8 turn)
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together

## Waltz Box with Lady's 6 Count Under Arm Turn

			Man's		Lady's	
Phase	Time	R&F	Foot Details		Foot Details	
1st Half Box	1	Prep	L	Forward	R	Back
	2	Rise	R	Side	L	Side
	3	Fall	L	Together	R	Together
1st Half Turn	1	Prep	R	Back (Lead Turn)	L	Forward
	2	Rise	L	Side	R	Forward (Walk to right)
	3	Fall	R	Together	L	Forward (Keep passing feet)
2nd Half Turn	1	Prep	L	Forward (pivot to left)	R	Forward (make a circle)
	2	Rise	R	Side (in front of her)	L	Forward (in 6 steps)
	3	Fall	L	Together	R	Forward
2nd Half Box	1	Prep	R	Back	L	Forward
	2	Rise	L	Side	R	Side
	3	Fall	R	Together	L	Together